

# BREAKFAST

Egg Whites Available Upon Request

## BREAKFAST SPECIALS



### Good Start Breakfast

Fresh Fruit, Muffin, Croissant, Pastry or Bagel, Oatmeal, Almond Granola or Cold Cereal, Juice and Coffee 12.95

### Bagel and Lox

Toasted Everything Bagel, Cream Cheese, Red Onion, Tomato & Capers, Served with Lox & Lemon Zest 12.25

### Texas French Toast

Thick Slices of Bread, Dipped in Cinnamon Batter, Dusted with Powdered Sugar 12.45

### Buttermilk Blueberry Pancakes

Three Pancakes Filled with Blueberries, Served with Maple Syrup, Topped with Powdered Sugar 12.50

### Buttermilk Pancakes

Old Fashioned, Served with Maple Syrup & Butter 11.50

### Belgian Waffle

Served with Maple Syrup and Butter 12.50  
with Berries & Whipped Cream Add 1.00

### Continental Breakfast

Glass of Chilled Fruit Juice, Choice of Pastry or Toast, Plus Coffee or Hot Tea 14.75

### ALL AMERICAN BUFFET

Served 6:30am til 9:30am Every Day

Includes: Scrambled Eggs, Bacon, Herb Chicken Sausage, Breakfast Potatoes, Fresh Fruits, Muffins, Croissants, Pastry, Bagels, Oatmeal, Cold Cereal, Juice, Coffee and Tea 21.75

### GOOD START BUFFET

Includes: Fresh Fruits, Muffins, Croissants, Pastry, Bagels, Oatmeal, Almond Granola, Cold Cereal, Juice, Coffee and Tea 15.50

## OMELETTES

Three Egg Omelettes, Served with Breakfast Potatoes, Sliced Tomatoes or Fresh Fruit

### Three Egg Omelette (Plain) 12.50

Additional Items Add .75 Each:

Bell Peppers, Mushrooms, Ham, Onions, Bacon, Tomato, Spinach, Cheddar, Bleu, Mozzarella or Swiss Cheese  
Avocado Add 1.85

### Cobb Omelette

Our House Specialty with Chicken Breast, Green Onions, Avocado, Tomatoes, Bacon and Bleu Cheese 15.50

### Denver Omelette

Diced Ham, Red & Green Bell Peppers, Onions and Cheddar Cheese 15.50

## FROM THE BAKERY

Pastries	3.25
Toast or English Muffin	2.75
Bagel with Cream Cheese	4.75

## BEVERAGES & JUICES

Regular or Decaf Coffee	3.25
Hot Tea	3.25
Hot Chocolate	3.25
Milk (2% or Non-Fat)	3.25
Fresh Squeezed Orange Juice	4.25/5.50
Fresh Squeezed Grapefruit Juice	4.25/5.50
Cranberry or Pineapple Juice	4.25/5.50
Apple or Tomato Juice	4.25/5.50

## EGG DISHES

Served with Breakfast Potatoes, Sliced Tomatoes or Fresh Fruit



### Three Eggs, Any Style 12.50

with Smoked Bacon or Herb Chicken Sausage 15.50

### All American Breakfast

Three Eggs, Any Style, Choice of Herb Chicken Sausage, Bacon, Ham or Canadian Bacon, Served with Toast, Bagel or Muffin, Small Juice and Coffee 16.50

### Eggs Benedict

Two Poached Eggs on Grilled Canadian Bacon and Toasted English Muffin, Topped with Homemade Hollandaise Sauce 15.50

### Protein Scramble

Three Eggs Scrambled with Herb Chicken Sausage, Bacon and Fresh Spinach 15.50

### Spanish Scramble

Three Eggs Scrambled with Red & Green Bell Peppers, Onions, Black Olives and Diced Tomato, Served with Sliced Avocado, Queso Fresca & Grilled Jalapeño 14.50

### New York Steak and Eggs

10 oz. Angus Beef Aged 28 Days, Served with Three Eggs, Any Style 29.95

### Sunrise Breakfast Special

Three Eggs, Any Style, Two Pancakes and Bacon or Herb Chicken Sausage 15.50

## “FIT FOR YOU”

### Three Eggs, Any Style

Served with Smoked Bacon or Herb Chicken Sausage with Cottage Cheese & Seasoned Sliced Tomatoes 15.50

### Healthy Start

A Bowl of Granola, Topped with Berries, Bananas and Low-Fat Yogurt 13.50



### Egg White Omelette

Mushrooms, Tomato and Scallions, Served with Avocado-Tomato Salsa and Sliced Tomato 14.50



### Fresh Seasonal Fruit Plate

A Plate of Vine and Tree Ripened Fruit, Melons and Berries, Served with Cottage Cheese or Yogurt 13.25

## CEREALS

### Hot Irish Steel Cut Oatmeal

Served with Brown Sugar, Raisins and Milk 9.00

### Housemade Granola 9.00

with Berries and/or Bananas Add 1.00

## SIDE ORDERS

Smoked Bacon	5.75
Herb Chicken Sausage	5.75
Two Eggs	4.50
Sliced Avocado 3.25	Cottage Cheese 3.75
Breakfast Potatoes	4.75
Low-Fat Yogurt with Fresh Berries	6.75

## FRUITS

Seasonal Melon	5.75
Fresh Half Grapefruit	3.75
Sliced Banana	3.25
Fresh Seasonal Fruit	5.75

Consuming Raw or Undercooked Meats, Poultry, Seafood, Shellfish or Eggs may Increase your Risk of Foodborne Illness, Especially if you have Certain Medical Conditions.

Not all ingredients are listed in the menu.

Please let your server know if you have food allergies or other preferences.

Gluten Free and Nutritional information is available upon request.



“FIT FOR YOU” items have been selected to meet the diverse dietary needs of our guests. We will be happy to answer any questions you may have.